






## Junior Coaching Programmes

Autumn Term 2018

Group	Age	Day of Week	Time	Weeks	Term Cost	Per Session	Course Ref
RED ROBINS 	5 - 12 yrs	Monday	4:00 - 5:00pm	14	£84 *	£6.50	<a href="#">MT01MR</a>
	5 - 9 yrs	Wednesday	4:00 - 5:00pm	14	£84 *	£6.50	<a href="#">MT02WR</a>
	4 - 8 yrs	Saturday	9:00 - 10:00am	14	£84 *	£6.50	<a href="#">MT03SR</a>
	4 - 8 yrs	Saturday	10:15 to 11:15am	14	£84 *	£6.50	<a href="#">MR04SR</a>

Group	Age	Day of Week	Time	Weeks	Term Cost	Per Session	Course Ref
ORANGE OTTERS 	8 - 12 yrs	Tuesday	4:00 - 5:00pm	14	£84 *	£6.50	<a href="#">MT05TO</a>
	7 - 12 yrs	Wednesday	5:00 - 6:00pm	14	£84 *	£6.50	<a href="#">MT06WO</a>
	9 - 13 yrs	Saturday	10:15 to 11:15am	14	£84 *	£6.50	<a href="#">MT07SO</a>

Group	Age	Day of Week	Time	Weeks	Term Cost	Per Session	Course Ref
GREEN GATORS 	9 - 13 yrs	Thursday	4:00 - 5:00pm	14	£84 *	£6.50	<a href="#">MT08TG</a>
	9 - 13 yrs	Friday	4:00 - 5:00pm	14	£84 *	£6.50	<a href="#">MT09FG</a>

Group	Age	Day of Week	Time	Weeks	Term Cost	Per Session	Course Ref
YELLOW BALL 	12 - 15 yrs	Monday	5:00 - 6:00pm	14	£84 *	£6.50	<a href="#">YB01M</a>
	15 - 18 yrs	Tuesday	5:00 - 6:00pm	14	£84 *	£6.50	<a href="#">YB02T</a>
	12 - 16 yrs	Thursday	5:00 - 6:00pm	14	£84 *	£6.50	<a href="#">YB03TH</a>
	12 - 15 yrs	Saturday	11:30 - 12:30pm	14	£84 *	£6.50	<a href="#">YB04S</a>

Term Dates	
Starts:	3rd September 2018
Half Term:	28th Oct to 4th Nov 2018
Ends:	15th December 2018
Next Term Starts:	7th January 2019

Enquiries	
Contact:	Chris Matthews (Head Coach)
Email:	<a href="mailto:coaching@fromtennis.net">coaching@fromtennis.net</a>
Mobile:	07838 387482

Booking - Junior Programme Only	
Due by:	3rd October 2018
Online via LTA Clubspark	
<a href="https://clubspark.lta.org.uk/MiniTennis">https://clubspark.lta.org.uk/MiniTennis</a>	
Search:	Frome, Somerset
<b>Find the course, book &amp; pay.</b>	
If you book a subsequent child or multiple courses, please use the 'member' option on Clubspark on the subsequent bookings to receive the qualifying 20% discount.	
If your child is in the <b>Reaching Out Programme</b> or you need to book an adult coaching programme please contact Chris Matthews to book & pay directly.	

\* Includes club membership while enrolled on a course, so you can play and practice your new skills at other times and during school holidays!


**NB.** If you or your child misses a session for any reason, you will be given the option to have a "make up" session on an alternative group day/time.

You will be asked to complete a registration for yourself or each child attending a tennis course; this is mandatory for insurance and Health & Safety purposes. All information provided, personal or otherwise, is treated confidentially and only shared with those that need to know such as; club administrators, coaches, coach assistants and the LTA; you can view our clubs privacy policy on our LTA Clubspark website: <https://clubspark.lta.org.uk/fromeselwoodtennisclub>



## Adult Coaching Programmes

Autumn Term 2018

Group	Level	Day of Week	Time	Weeks	Course Cost	Per Session	Course Ref
ADULT 	Beginner & Intermediate	Saturday	9:00 - 10:00am	6	£70 *	N/A	FTT02
ADULT	Beginner & Intermediate	Friday	9:15- 10:15am	14	£84	£6.50	FRI01AM
ADULT	Intermediate	Sunday	7:00 - 8:30pm	14	£126	£6.50	D2SUN

### Additional Information

Places are limited on our adult coaching courses, so please **book ahead to secure your place** through our Head Coach, Chris Matthews: -



Email: [coaching@frometennis.net](mailto:coaching@frometennis.net)

Mobile: 07838 387482

**Don't have a racket?** Not to worry we have plenty!

\* Includes club membership while enrolled on a course, this gives you the chance to practice at other times during the week and join in on the members only club nights.

## Drop In Sessions (Rackets & balls are supplied)

Group	Level	Day of Week	Time	Weeks	Course Cost	Per Session	Course Ref
FEMALE ONLY 	Mixed Abilities	Saturday	1:00 - 2:00pm	14	N/A	£1.00 (1st Session is FREE)	SR01SAT
OPEN TO ALL 	Mixed Abilities	Saturday	2:30 - 4:00pm	14	FREE	FREE	TFF01LTA

### Additional Information

**She Rallies** is for girls and women only of all ages.

Contact: Sandra Docherty

Mobile: 07981 400814

**Tennis For Free** is an LTA initiative to encourage more people and families to play tennis without the cost barrier. No need to book a place just turn up and join in the fun.

## Junior Coaching Discounts

<b>Sibling Discount:</b>	<b>20% discount</b> for the second and subsequent children joining the <b>junior coaching programme only</b> .
<b>Multiple Group Discount:</b>	<b>20% discount</b> to the second session for any player who enrolls in 2 or more sessions/groups in the <b>junior coaching programme only</b> .
<b>Reaching Out Programme:</b>	<b>50% discount</b> across the <b>junior coaching programme only</b> to families whose total household income is below £20,000 per year.
<b>ONLY ONE DISCOUNT OFFER CAN BE USED AT ANYTIME, THEY CANNOT BE USED TOGETHER / IN CONJUNCTION WITH EACH OTHER.</b>	

